appetizers

hummus & pita .................................................. $4.95
Cheese stuffed tortellini tossed with zucchini, squash, tomatoes and spinach in a parmesan cream sauce served with French or multigrain bread.

black bean & corn chili .................................. small $4.95, large $7.95
Our expertly seasoned black beans topped with mozzarella, tomatoes, sweet corn and scallions over brown rice; served with French or multigrain bread.

thai peanut noodles ......................................... $8.95
Carrots and red & green bell peppers stir fried in a spicy peanut sauce with linguini topped with scallions.

noodles, pasta, beans & rice

cheese tortellini ............................................... $8.95

meaty sandwiches
All sandwiches served with pasta salad, potato salad, oranges, cole slaw or a bag of chips.

pulled pork bbq sandwich .................................. $8.49
We braised this Carolina style pork bbq 8 hours to perfection, topped with hot sauce and fresh slaw on a whole wheat bun.

grilled turkey & spinach ..................................... $8.49
Turkey, fresh spinach and melted mozzarella grilled to make a delicious flatbread sandwich.

turkey apple club ............................................... $8.49
Hand sliced turkey bread with red delicious apples, white cheddar, lettuce, tomatoes and mayo on a triple layer of cinnamon bread.

california cobb salad ......................................... $8.49
Romaine lettuce and shaved parmesan tossed with caesar dressing.

chicken, apple chutney and walnut wrap ............. $8.49
Chicken breast, apple chutney, toasted walnuts, romaine lettuce, carrots and melted mozzarella cheese in a wheat wrap.

crab cake sandwich ........................................... $8.95
Our famous hummus wrapped up with baby spinach, carrot, roasted red pepper, zucchini and squash (vegan).

greek lamb hoagie ............................................. $8.95
Roasted Australian leg of lamb with fresh spinach and mozzarella baked in a French baguette then topped with cucumber dill dressing.

vegetarian & seafood sandwiches
All sandwiches served with pasta salad, potato salad, oranges, cole slaw or a bag of chips.

tuna cheddar melt .............................................. $8.95
Fresh tuna salad (not canned) in a French baguette topped with cheddar and baked to golden brown.

grilled cheese and veggie flatbread ....................... $8.49
Spinach, zucchini, carrot, onion and tomato, layered on flatbread with goat and mozzarella cheese—grilled to perfection.

pimento cheese sandwich .................................. $8.49
Our take on a southern classic spread on a French baguette with arugula, tomato, and house-made dill pickle slices.

baked caprese sandwich ..................................... $8.49
Tomato, fresh basil & mozzarella baked in a fresh baguette topped with balsamic reduction.

smoked salmon & arugula salad ......................... $8.95
Scottish smoked salmon and shaved parmesan cheese over arugula, red onion and sun dried tomatoes topped with a parisan dijon vinaigrette.

california cobb salad ......................................... $8.49
Avocado, bacon, tomatoes, red onion and cucumbers on a bed of spinach and green leaf, with our famous bleu cheese dressing.

warm goat cheese and caramelized walnut salad .... $8.49
Baby spinach, tomatoes and cucumbers topped with warm goat cheese, caramelized walnuts and fresh basil balsamic vinaigrette.

chicken (or tuna) salad cold plate ....................... $8.49 ($8.95)
Fresh chicken salad (or tuna salad) with a small house salad and choice of dressing.

ten top caesar ........................................ small $3.95 large $7.95
Romaine lettuce and shaved parmesan tossed with caesar dressing.

fresh salads Served with housemade croutons.

soup de jour & bread ........................................ $4.49
Changes daily, ask for details.
pimento cheese & rustic bread ......................... $5.95
Two things meant to be together: bacon & dates (on flatbread) along with balsamic onions, mozzarella and crumbled bleu cheese.

the bacon date .............................................. $7.49
You demand our meatloaf now? Thick slices of our meatloaf served on toasted sourdough with lettuce, tomato, white cheddar and bbq mayo.

top chicken wrap ........................................... $8.49
Roasted chicken breast, fresh salsa, caesar dressing, mozzarella and lettuce.

greek lamb hoagie ............................................. $8.95
Roasted Australian leg of lamb with fresh spinach and mozzarella baked in a French baguette then topped with cucumber dill dressing.

parisian ham & pear ......................................... $8.49
Inspired by the parisian street sandwich; ham, havarti, pear, arugula, tomato and dijonnaise on a fresh baguette.

Check out our daily specials on TheTenTop.com
Ask about Heather’s ever-changing selection of delicious homemade soups!
dinner
All dinners are served with a side salad and a half-sized loaf of fresh bread.

**rick’s beef meatloaf** .......................................................... $13.95
Rick’s legendary loaf is made with the finest hereford beef and secret ingredients, don’t even ask; served with mashed potatoes and steamed vegetables.

**shallots and fig chicken** ..................................................... $13.95
Pan seared chicken breast topped with a shallot and fig pan sauce over mashed potatoes and steamed vegetables.

**pan roasted salmon** .......................................................... $14.95
Hand cut fresh atlantic salmon dusted with salt and pepper and oven roasted. That’s it—perfection! Served with our homemade apple chutney, brown rice and steamed vegetables.

**maryland crab cakes** .......................................................... $14.95
Rick hand patties these quarter pound cakes, and pan sears them to golden brown; served with our lemon old bay aioli, roasted fingerling potatoes and steamed vegetables.

**bone-in pork chop** ............................................................ $14.95
Pork chop roasted with fresh rosemary and thyme, served with caramelized leek mashed potatoes and garlic roasted brussel sprouts.

**smoked paprika vegetable gnocchi** ................................ $12.95
Gnocchi in a smoked paprika cream sauce with red onion, portabella mushrooms, roasted red peppers and arugula.

**homemade salad dressings**
- red wine vinaigrette, bleu cheese, cucumber dill, chipotle ranch, caesar, balsamic vinaigrette, parisian dijon vinaigrette

**kids menu**

**kid’s flatbread pizza** ......................................................... $5.95
Mozzarella & housemade red sauce, simple and delicious!

**grilled cheese** ................................................................. $5.95
Cheddar & mozzarella on sourdough with cut oranges or chips.

**linguini with red sauce** ..................................................... $5.95
Topped with parmesan cheese.

**homemade desserts**

**cookies** ........................................................................ $1.25
**warm bread pudding** ...................................................... $2.75
**ghirardelli chocolate brownie** ........................................ $1.95

---

**catering options**
We offer various catering options including box lunches and sandwich platters for lunch. We also have several appetizer and dinner selections for parties or personal/business events. Contact Chef Heather Fraley between 2–4pm, Monday–Saturday for questions or to place an order.

All catering order must be placed at least 48 hours in advance.

---

Check out our daily specials on TheTenTop.com
Ask about Heather’s ever-changing selection of delicious homemade soups!